

Commissioned Services Overview – Peterborough City Council

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1. Introduction

This document summarises information pertaining to the commissioning of public health services in Peterborough, sourced from data provided by the Public Health delivery and commissioning team.

This document concentrates on the targets and achievements of the following commissioned services:

- Stop smoking service
- Health checks programme
- More Life weight management
- Let's get moving physical activity programme
- Sexual Health and Long-acting reversible contraception (LARC)
- Drugs and Alcohol services.

Further information on some of the topic areas is available via URL: <http://fingertips.phe.org.uk/>




2. Peterborough Stop Smoking Service 2015/16

Quarter 3 results show that 488 year-to-date smoking quits have been achieved in Peterborough, which is 47% of the year-to-date target. Similarly the percentage for performance against quarterly targets stands at 45% which is a decrease in performance achievement upon quarter 2 results. Additionally the percentage of people who have successfully quit at 4 week (Confirmed by CO Monitor) has improved upon the previous quarter's results improving from 71% for quarter 2 to 74% in quarter 3.

Figure 1: Peterborough Stop Smoking Service 2015/16

	Year end target	Per Quarter				Previous quarter	
		Target	Number of people who have successfully Quit at 4 weeks	Performance against quarterly targets	Percentage of people who have successfully Quit at 4 week (Confirmed by CO Monitor)	RAG status	Direction of travel
Quarter 1	1,380	345	162	47%	70%		n/a
Quarter 2		345	172	50%	71%		↑
Quarter 3		345	154	45%	74%		↓

Target = 100% of the target reached

-  More than 10% away from target
-  Within 10% of target
-  Target met

3. Peterborough Health Check Programme 2015/16

Quarter 3 results show that 3,892 year-to-date health checks have been completed in Peterborough, which is 86% of the year-to-date target. Similarly the percentage for performance against quarterly targets stands at 75% which is a decrease in performance achievement upon quarter 2 results. Additionally the percentage of people who been offered a health check that received a health check improved has remained the same as the previous quarter's results.

Figure 2: Peterborough Health Check Programme 2015/16

	Year end target	Per Quarter					Previous quarter	
		Target (received)	Number of patients who received an NHS Health Check	Performance against quarterly targets (received)	Number of patients offered an NHS Health Check	Percentage of people offered a health check that received a health check	RAG status	Direction of travel
Quarter 1	6,060	1,515	1,329	88%	3,985	33%	 	n/a
Quarter 2		1,515	1,421	94%	2,881	49%	 	↑
Quarter 3		1,515	1,142	75%	2,313	49%	 	↓

Target = 100% of the target reached

- More than 10% away from target
- Within 10% of target
- Target met

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4. Peterborough More Life - Family Weight Management Programme 2015/16

Quarter 4 results show 68 families year-to-date have completed the 'More Life' weight management programme in Peterborough, which is a 61% year-to-date completion level. The percentage for programme completion for quarter 4 stands at 47% which remains the same completion level as quarter 3 results. Additionally the number of 'More Life' weight management programmes increased between quarter 3 and 4 from one to two.

Figure 3: Peterborough More Life - Family Weight Management Programme 2015/16

	Per Quarter					Previous quarter	
	Number of More Life programmes	Percentage of families beginning the programme that completed the programme	Number of families beginning programme	Number of families completing programme	RAG status	Direction of travel	
Quarter 1	1	54%	28	15	Red	n/a	
Quarter 2 (Holiday Club)	1	90%	31	28	Yellow	↑	
Quarter 3	1	47%	17	8	Red	↓	
Quarter 4	2	47%	36	17	Red	↔	

Target = 100% completing the programme

- More than 10% away from target
- Within 10% of target
- Target met

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5. Peterborough Let's Get Moving Physical Activity Programme 2015/16

Quarter 3 results show 70 people year-to-date have completed the 'Let's Get Moving' physical activity programme in Peterborough, which is a 45% year-to-date completion level. Similarly the percentage for programme completion stands at 56% which is an improvement on quarter 2's 40% completion results. Additionally the number of 'Let's get moving' physical activity programmes has decrease between quarter 1 and 2 from four physical activity programmes to three.

Figure 4: Peterborough Let's Get Moving Physical Activity Programme 2015/16

	Per Quarter					Previous quarter
	Number of Let's Get Moving programmes	Percentage of people beginning the programme that completed the programme	Number of people beginning programme	Number of people completing programme	RAG status	Direction of travel
Quarter 1	4	42%	55	23		n/a
Quarter 2	3	40%	55	22		↓
Quarter 3	3	56%	45	25		↑

Target = 100% completing the programme

	More than 10% away from target
	Within 10% of target
	Target met

6. Peterborough Adult Drugs Service 2015/16

There has been a small decrease in the percentage of drug users in treatment between quarters 1 and 2 however it is still above national average (KPI 1). Peterborough also maintains a penetration level of above 58% for both quarter 1 and 2. Additionally Peterborough also maintains an opiate/crack completion level which remains in the upper quartile of Peterborough's cluster group.

Figure 5: Peterborough Adult Drugs Service 2015/16

		Quarter 1	Quarter 2
Number of people in treatment (opiate)	New presentations	144	
	Total in treatment	722	
Number of people in treatment (non-opiate)	New presentations	57	
	Total in treatment	90	
KPI 1 Maintain an increase of drugs users into treatment by at least 1% above the national average	Peterborough	96.6%	96.2%
	England	89.6%	89.7%
	RAG status	Target met	
Maintain a penetration level of at least 58%	Peterborough	65.9%	63.7%
	RAG status	Target met	
KPI 2 Maintain the number of opiate/crack users (OCUs) who successfully complete treatment as a proportion of the total number in treatment in line with the upper quartile of Peterborough's cluster group	Peterborough	9.7%	9.5%
	Upper Quartile range	8.61% - 12.43%	8.22% - 14.05%
	RAG status	Target met	

 Target not met
 Target met

7. Peterborough Adult Alcohol Service 2015/16

All of Peterborough's target requirements have been met for quarter 1 and 2 with 136 new presentations to the adult alcohol service. The combined discharge in care planned way/referred on indicators remain above 75% for both quarters with an achievement level of 77.3% for quarter 1 and an achievement level of 75.3% for quarter 2.

Figure 6: Peterborough Adult Alcohol Service 2015/16

		Quarter 1	Quarter 2
Number of people in treatment	New presentations	136	
	Total in treatment	254	
Upload data requirements for Core Dataset H to NATMS by set deadlines	Peterborough	Achieved	Achieved
	RAG status		
100% of care plans started	Peterborough	Achieved	Achieved
	RAG status		
75% discharged in a care planned way/referred on	Planned exits	72.0%	71.8%
	Transferred not in custody	5.3%	3.5%
	RAG status		
Evaluate service user experience	Peterborough	Achieved	Achieved
	RAG status		
Provide narrative to accompany report to explain data issues, trends and new service activity/developments	Peterborough	Achieved	Achieved
	RAG status		

 Target not met
 Target met

8. Peterborough Young People and Family work substance misuse service 2015/16

Quarter 2 shows an increase in the number of young people receiving structured treatment compared to quarter 1. 20% of young people receiving treatment during quarter 1 stopped their drug or alcohol misuses by the end of the reporting period. This rate increased to 28% by quarter 2. Similarly 21% of young people during quarter 1 and 29% of young people by quarter 2 had reduced their drug/alcohol uses by the end of the reporting period.

Figure 7: Peterborough Young People and Family work substance misuse service 2015/16

		Quarter 1	Quarter 2
Structured treatments commenced with vulnerable young people under the age of 18	Peterborough	76	82
	Direction of travel	n/a	↑
Of whom the number who stopped their drug and/or alcohol misuse at the end of the reporting period	Peterborough	15	23
	Direction of travel	n/a	↑
Of whom the number who had reduced their drug and/or alcohol use at the end of the reporting period	Peterborough	16	24
	Direction of travel	n/a	↑

9. Peterborough Sexual health service 2015/16

The percentage of people with STI needs seen or assessed by a healthcare professional within 2 working days of first contact was 89% in December 2015, above the target of 80%. The number of IUCD insertions and checks decreased between quarters 2 and 3. Similarly, the number of Implanon/Nexplanon insertions and removals decreased between quarter 2 and 3.

Figure 8: Peterborough sexual health service 2015/16

		Apr 15	May 15	Jun 15	Jul 15	Aug 15	Sep 15	Oct 15	Nov 15	Dec 15
Number of people in treatment	New Attendances	766	749	871	778	696	913	894	768	732
	Follow up Attendances	818	759	839	855	723	933	956	797	848
	Total Attendances	1584	1508	1710	1633	1419	1846	1850	1565	1580
% of people with STI needs seen or assessed by healthcare professional within 2 working days of first contact	Target Measure 80%	97%	97%	95%	76%	55%	81%	86%	89%	89%
	RAG status	Target met			Target not met		Target met			

 Target not met
 Target met

		Quarter 1	Quarter 2	Quarter 3
Number of IUCD Insertions	Peterborough	152	169	117
	Direction of travel	n/a	↑	↓
Number of IUCD 6 week checks	Peterborough	46	91	72
	Direction of travel	n/a	↑	↓
Number of Implanon/Nexplanon insertion	Peterborough	186	191	145
	Direction of travel	n/a	↑	↓
Number of Implanon/Nexplanon removal	Peterborough	171	173	151
	Direction of travel	n/a	↑	↓